

David King's Taekwondo Academy

Phone 07 3388 1239

Email: kingstaekwondo@optusnet.com.au

Mob 0410 645 552

Website: www.kingstaekwondo.com.au

Loganholme - Full time centre timetable

MONDAY

Fighting Fit for Women – 9.30 to 10.30am
Taekwondo – 9.30 to 10.30am
Junior Taekwondo – 3.30 to 4.30pm
Tiny Warriors – 4.30 to 5.15pm
Beginners Taekwondo – 5.30 to 6.30pm
Advanced Taekwondo – 6.30 to 7.30pm
Weapons – 7.30 to 8.00pm
Elite Poomse – 7.30 to 8.00pm
Hapkido – 7.30 to 8.30pm
MMA – 7.30 to 8.30pm

TUESDAY

Hapkido – 6.30 to 7.30am

Junior Taekwondo – 3.30 to 4.30pm
Tiny Warriors – 4.30 to 5.15pm
Taekwondo – 5.30 to 6.30pm
Fighting Fit for Women – 6.30 to 7.30pm

WEDNESDAY

Fighting Fit for Women – 9.30 to 10.30am
Taekwondo – 9.30 to 10.30am
Junior Taekwondo – 3.30 to 4.30pm
Tiny Warriors – 4.30 to 5.15pm
Beginners Taekwondo – 5.30 to 6.30pm
Advanced Taekwondo – 6.30 to 7.30pm
Fight Class – 7.30 to 8.30pm

THURSDAY

Taekwondo – 7.15 to 8.15am

Tiny Warriors – 3.30 to 4.15pm
Junior Taekwondo – 4.15 to 5.15pm
Fighting Fit for Women – 5.15 to 6.15pm
Hapkido – 6.15 to 7.15pm
MMA – 6.15 to 7.15pm
Taekwondo – 7.15 to 8.15pm

FRIDAY

Hapkido – 6.30 to 7.30am
Fighting Fit for Women – 9.30 to 10.30am
Taekwondo – 9.30 to 10.30am
Tiny Warriors – 3.30 to 4.15pm
Low Impact MA – 4.15 to 5.15pm
Taekwondo – 5.30 to 6.30pm
Fight Class – 6.30 to 7.30pm
Footbrawl – 6.30 to 7.30pm

SATURDAY

Tiny Warriors – 11.15 to 12.00pm
Taekwondo – 12.00 to 1.00pm
Hapkido – 1.00 to 2.00pm
MMA – 1.00 to 2.00pm
Weapons – 2.00 to 3.00pm
Fighting Fit for Women – 2.00 to 3.00pm

Private lessons available by appointment.

Address 4150 Pacific Highway, Loganholme.

David on 0410 645 552 or 3388 1239

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I will always give respect and loyalty to the Association, Instructors and my club.
I will endeavor to attain a high standard of physical fitness and develop my character and personal integrity.
I will approach others in a spirit of friendship and heed social ethics at all times.

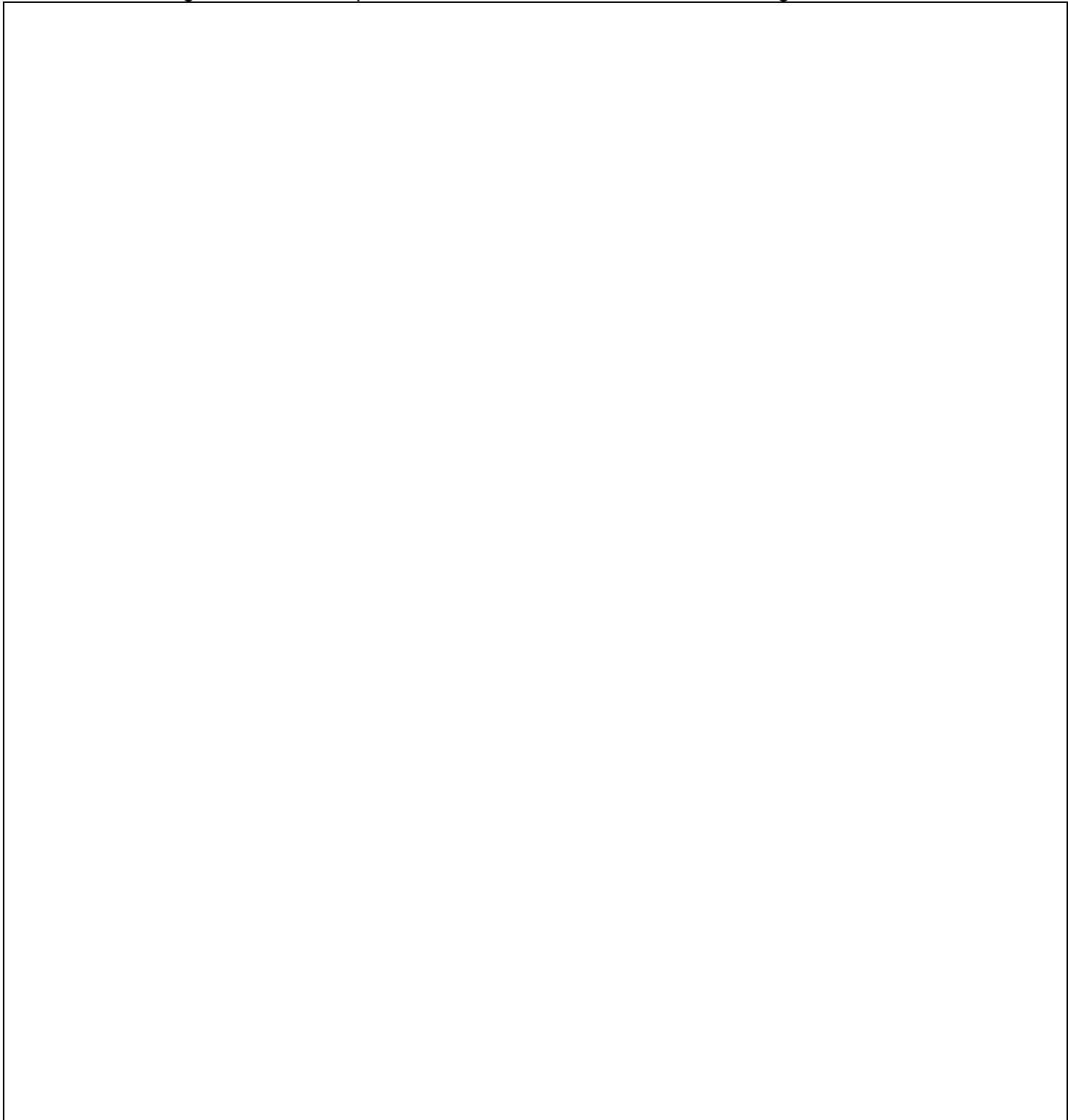
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